I'm Still Experiencing IBD Symptoms. What Now?

CROHN'S & COLITIS FOUNDATION

If you are taking IBD medication(s) and still experiencing symptoms it is important to share the following information with your healthcare team:

Your symptoms in detail
Some examples:
Number of bowel movements/day, amount of weight lost/gained.

Any changes in your symptoms before or during treatment
Have your symptoms improved, deteriorated, or stayed the same?

The severity of abdominal pain
Share pain level on a 0–10 scale.

Quality of life issues
Share your ability/inability to attend work/school, eat, socialize, and exercise.

Ask questions
Inquire about other possible treatment options, risks and benefits of medications, and opportunities to participate in clinical trials.

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